LETTER TO THE COMMUNITY

In a world of ever-changing business environments, HealthONE’s unwavering commitment and focus remains the same. Our 10,000 employees are consistently fixated on the care and improvement of human life. And while this focus on patient care remains our top priority year in and year out, we embrace the ebb and flow of the healthcare landscape in an effort to provide the latest advancements in technology and services to better meet the needs of each patient who comes through our doors.

Our advancements range from growth of our facilities to enhancements of our services and there have been myriad examples of this during the past year. HealthONE and the Sarah Cannon Cancer Network proudly launched an integrative cancer service initiative across our system of care that enhances our cancer programs. The collaboration brings Sarah Cannon’s mission of advancing science and transforming care to the Denver region and beyond. In addition, the opening of the Sarah Cannon Research Institute at HealthONE brings innovative clinical trials to patients in a community setting and integrates Sarah Cannon’s cancer services to positively impact care.

To further illustrate HealthONE’s commitment to evolving in order to meet the needs of our patients, our own Rocky Mountain Hospital for Children at Presbyterian/St. Luke’s announced an agreement for National Jewish Health for kids to provide diagnostic and treatment services for children with respiratory, allergic and immune system disorders. The comprehensive and collaborative program takes a multi-disciplinary approach to care and education, and aligns two organizations that put the needs of children first.

Lastly, HealthONE continued to demonstrate our desire to provide the highest level of patient care close to home with the opening of the Northwest Emergency Room in Westminster. The opening of the Northwest ER means that you and your family can receive emergency care at HealthONE’s 12 full-service emergency departments across the metro area. The opening of this new ER is just one example of our growth and development which also included enhancements to service lines and the addition of many renowned clinicians. You’ll read about many of these in the pages that follow.

Each and every member of the HealthONE family has an earnest desire to serve our community - whether through a clinical interaction, engagement with our charitable partners or enhanced services to those who need them most. At the end of the day, we acknowledge that every individual patient we assist is an opportunity to demonstrate our unwavering commitment to the care and improvement of human life.
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HEALTHONE 2014

- **UNCOMPENSATED CARE AT COST** | $64.2 million
  (Charity, uninsured discounts, bad debt. Does not include unpaid Medicaid costs.)

- **TAXES** | $120.6 million
  (State and federal income, local and state, property and FICA)

- **HEALTH PROFESSIONAL EDUCATION** | $4.1 million

- **COMMUNITY BUILDING ACTIVITIES** | $4.8 million

- **COMMUNITY HEALTH IMPROVEMENT** | $6.7 million

- **CHARITABLE CONTRIBUTIONS** | $1.7 million

- **RESEARCH** | $1.8 million

DOLLARS LISTED IN MILLIONS

- 2011: $198,000,000
- 2012: $230,000,000
- 2013: $261,000,000
- 2014: $204,000,000
2014/2015 HCA-HEALTHONE BOARD OF TRUSTEES

CHRISTINE BENERO
President & Chief Executive Officer, Mile High United Way

DAVID BOYLES
Chairman, Columbine Capital Corp. and Collegiate Peaks Bank

JEROME BUCKLEY, MD

FORREST CASON, PhD
Chief Financial Officer, Mental Health Center of Denver

GREG D’ARGONNE
Chief Financial Officer, HCA-HealthONE and HCA Continental Division

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Radiology Imaging Associates

JON FOSTER
President, HCA-American Group

PATRICK HAMILL
President/Founder, Oakwood Homes, LLC

GRETCHEN HAMMER
Executive Director, Colorado Coalition for the Medically Underserved

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RICHARD ROBINSON
Co-Founder, Robinson Dairy

WAGNER SCHORR, MD*

RICK SHALLCROSS
Chief Financial Officer, HCA-American Group

SYLVIA YOUNG
President and Chief Executive Officer, HCA-HealthONE and HCA Continental Division

* Joined in 2015.

EXAMPLES OF 2014 HEALTHONE COMMUNITY SUPPORT

American Cancer Society
American Diabetes Association
American Heart Association
American Medical Response Foundation
Art Students League of Denver
Colorado Cancer Coalition
Colorado Center for Nursing Excellence
Colorado Concern
Colorado Neurological Institute
Colorado Open Golf Foundation
Colorado Rural Health Center
Colorado Women’s Chamber of Commerce
Crohn’s & Colitis Foundation
Davis Phinney Foundation
Denver Art Museum
Denver Center for the Performing Arts
Denver Health Department of Surgery/Trauma
Denver Metro Chamber of Commerce
Denver Public Schools
Doctor’s Care (accessible care for the underserved)
Emergency Medical Society of Colorado
Friends of AirLife (supporting EMS workers & their families)
Girls on the Run
Hispanic Chamber of Commerce
Karis Community
The Leukemia & Lymphoma Society
March of Dimes
Mental Health America of Colorado
Parkinson Association of the Rockies
Project Angel Heart
Retreat and Refresh Stroke Camp
Rocky Mountain Children’s Health Foundation
Rocky Mountain Youth Clinics
Ronald McDonald House Charities
Rotary Clubs of Colorado
South Metro Chamber of Commerce
South Metro Fire Foundation
South Metro Fire Rescue Foundation
Think About it Colorado
Thornton Fire Fighters Foundation
West Metro Fire Rescue Foundation

*2014 Partner of the Year
The Medical Center of Aurora, the first community hospital in the Denver Metro area to receive two-time Magnet designation for nursing excellence by the American Nurses Credentialing Center (ANCC), is an acute care hospital with specialization in cardiovascular services, neurosurgery, orthopedics and women’s services. Licensed for 346 beds, The Medical Center of Aurora is comprised of four campuses in Aurora and Centennial, Colo., including the Main Campus, located at Interstate 225 and Mississippi, the North Campus Behavioral Health facility, Centennial Medical Plaza and Saddle Rock ER. The Main Campus facility is a Level II Trauma Center with Primary Stroke Certification and Chest Pain Center accreditation, serving the eastern metro area and I-70 corridor. Additionally, The Medical Center of Aurora was one of only nine hospitals in the country to receive the Lantern Award for Excellence in Emergency Room Care by the Emergency Nurses Association 2013.

HIGHLIGHTS

- Received Magnet re-designation for excellence in nursing services by the American Nurses Credentialing Center’s (ANCC) Magnet Recognition Program®.
- Named Top Performer on Key Quality Measures® by The Joint Commission for 2013, as part of The Joint Commission’s 2014 annual report “America’s Hospitals: Improving Quality and Safety,” for attaining and sustaining excellence in accountability measure performance for Heart Attack, Heart Failure, Pneumonia and Surgical Care.
- Received American College of Cardiology's NCDR ACTION Registry - GWTG Silver Performance Achievement Award for 2014.
- Received American Heart Association/American Stroke Association Get With The Guidelines - Stroke Gold Plus Achievement Award with Target Stroke Honor Roll Elite.
- Colorado Breast Care at The Medical Center of Aurora and at Centennial Medical Plaza received accreditation from the National Accreditation Program for Breast Centers (NAPBC).
- Received Women’s Choice Award for Best Hospitals for Heart Care and America’s Best Breast Centers.

See full listing of services and specialties at AuroraMed.com
TOM’S STORY

Tom Snyder and his wife, Susan, were visiting Colorado on a ski vacation from Alabama when Tom’s leg suddenly went numb.

Susan called 9-1-1 and an ambulance took Tom to the hospital in Vail. Doctors there confirmed he had an aortic dissection, a life-threatening condition in which there is a tear in the main artery that supplies blood to the heart. This condition is so critical that the survival rate is only 20 percent.

“The doctor took me aside and let me know that this was really serious and that Tom would need surgery right away,” said Susan. “I remember saying goodbye to my husband and the long ride to Denver. That was a pretty tough day.”

Tom was transferred to The Medical Center of Aurora, where the skilled and experienced cardiovascular surgical team was prepped and ready to take him into operating room for surgery.

“No matter who came in the room, whether it was a doctor or a nurse or any of the other staff, they always asked if there was anything else we needed or anything that they could do,” said Susan. “That just meant so much to us.”

After a successful surgery, Tom was transferred to the intensive care unit at The Medical Center of Aurora to recover.

“I was incredibly impressed with the entire staff and all of the nurses. I am just amazed at how well they took care of him. I feel really lucky that they were there for Tom. And they took care of me a little, too,” said Susan.

“If this had happened anywhere else, I am not sure the outcome would have been the same,” said Tom.
HIGHLIGHTS

Named a Top Performer on Key Quality Measures by The Joint Commission for the fourth straight year - one of only two hospitals in Colorado to earn that achievement.

Honored with the “Excellence In Patient Care” Award by the Studer Group.

Named one of America’s Best ERs by the Women’s Choice Awards.

Honored as one of the Top 5 Safest Hospitals in the Denver Area in a Consumer Reports study.

The only hospital in north Denver to receive an “A” rating by The Leapfrog Group in the Fall 2014 study.

Crossed the four-year mark of achieving above the 90th percentile for Core Measures, a set of quality indicators used by all U.S. hospitals to track high-quality patient care.

Honored by the March of Dimes for keeping babies safe after scheduling zero elective deliveries before 39 weeks in 2012-2014.

Completed successful surveys with The Joint Commission (triennial and Primary Stroke Certification) and received Chest Pain accreditation.

Completed four consecutive quarters of significant improvement in patient satisfaction scores, ending the year at a record-high for the facility.

In 2014, North Suburban Medical Center (NSMC) expanded our best-in-north-Denver care to new parts of the community. In September, NSMC opened the Northwest ER at the corner of 112th Avenue and Sheridan Blvd. in Westminster, providing high-quality emergency care close to the homes of our neighbors.

In addition, we began a year-long process of expanding our Emergency Room and renovating our main lobby. These facility investments, planned to complete by the end of 2015, are vital in helping North Suburban keep pace with the significant growth in the north Denver area.
SUSAN AND NOAH’S STORY

On September 11, 2014, 18-year-old Noah Roth returned home from his job not feeling well. As he headed to bed, he asked his mother Susan to wake him early in the morning so that he could call in to work if he was still feeling ill.

The next morning, Susan noticed that his breathing was erratic. When trying to wake him, Noah was unresponsive. Susan instructed her younger son to call 9-1-1, and her husband, Chris, began chest compressions. The ambulance arrived and took Noah to the emergency department at North Suburban Medical Center (NSMC).

“It was terrifying as a parent to watch the flurry of doctors and nurses coming and going,” said Susan. Upon arrival to the NSMC Emergency Department, Noah was near death. His heart stopped beating temporarily, requiring heroic measures by the ED team led by Dr. Andrew Klutman to stabilize him over the next few hours.

After being transported to the ICU, the doctors began to search for a potential diagnosis, but Noah’s condition deteriorated. His lungs, cardiovascular system and other systems continued to decline. The doctors made a decision to place Noah into a medically induced coma.

“Dr. James Knight and the Intensive Care Unit (ICU) nurses kept working on him and researching possible causes,” said Susan. “They were just amazing — both in keeping my son stable and keeping us calm. “Thanks to the ER NSMC staff, Dr. Knight and the rest of your amazing ICU team, our son survived!” Over the following two weeks, Noah and his team fought relentlessly and his damaged organs recovered back to normal.

After 14 days in the ICU, Noah had recovered from what was diagnosed as Adult Respiratory Distress Syndrome & associated disseminated intravascular coagulation. The true cause of the inciting gastric illness was never determined. Today, Noah is back to work, playing the guitar and walking his new puppy, a request during his time in the hospital.

“Noah is a patient that I will never forget for as long as I am a physician,” said James C. Knight, M.D. “His mother and father are absolutely remarkable people who placed their full trust in us as a medical team. Noah and patients like him are the reason I am a physician. Months later, he walked into my ICU, gave me a hug and took a picture with me. One the best Christmas gifts of the year for me.”
Presbyterian/St. Luke's Medical Center (P/SL) provides state-of-the-art, complex medical care in the heart of Denver. In 2013 the Commission on Cancer recognized P/SL with its Outstanding Achievement Award, a three-year designation. The Bone Marrow Transplant program is the largest in the region where patients with acute myelogenous leukemia and multiple myeloma have higher survival rates than both state or national averages. P/SL holds centers of excellence designations in Neonatal Intensive Care, Spine and Joint Care and Bariatric Surgery as well as Stroke Certification and Level IV trauma. Patients come from six states in the Rocky Mountain region, including Colorado, Wyoming, Nebraska, Kansas, New Mexico, and South Dakota.

See full listing of services and specialties at PSLMC.com
PHIL’S STORY

The morning of September 30, 2014, was a typical day for Pam Lawson and her husband Phil. The couple set out on their daily walk around Cheesman Park. They always started together, but once Pam hit her stride she usually walked a little ahead of Phil. However, after glancing behind her, she noticed Phil was nowhere to be seen.

Pam back tracked and discovered Phil had collapsed on the trail. A bystander who was running in the park helped by performing CPR until the ambulance arrived.

The EMTs determined Phil had suffered a heart attack and the ambulance took him to the emergency department at Presbyterian/St. Luke’s Medical Center (P/SL). Since several minutes had passed with Phil’s heart stopped, the doctors placed him in a medically induced coma upon arrival in an effort to reduce possible brain damage.

“Phil was in a coma for 24 hours and during that time the staff at P/SL was awesome,” said Pam. “It felt like the nurses were dedicated only to Phil. If any alarms went off, they were right on it. The staff was so comforting, kind, caring and attentive.”

After Phil awoke, he spent several more days in the ICU at P/SL.

“It is the simple, little things that helped us get through this. The staff at P/SL would take time to talk and engage with Phil. Even the people who were changing the sheets and trash were kind to us — every little thing made a difference,” said Pam.

Phil is feeling stronger every day. After a cardiac rehab program, he is back to walking four miles each day and feeling great.

“I would like to thank P/SL and to acknowledge everyone who helped me — from the hospital staff to the administration and especially my ‘CPR angels,’” said Phil.
Rocky Mountain Hospital for Children (RMHC) at P/SL is the anchor hospital in HealthONE’s pediatric system of care. It includes an 84-bed, Level IV NICU (highest level of complex care), a 20-bed pediatric intensive care unit, and a 53-bed inpatient unit. The eight operating rooms (with an additional two under construction) are the most technologically advanced in the region, specially equipped for minimally invasive surgery.

With more than 350 affiliated pediatric specialists and nearly 1,000 community pediatricians, family medicine physicians, and perinatologists affiliated with our hospital, we care for high-risk mothers, infants, children and teens. When children with long-term healthcare issues become young adults, they are seamlessly transitioned to the adult physicians and services within the HealthONE system of care.

HealthONE hospital affiliations with RMHC build access points for children’s health throughout the Denver metro area, creating a system that includes: 161 neonatal intensive care unit beds, 92 pediatric inpatient beds, 26 pediatric intensive care beds and five pediatric emergency departments. Other affiliations and partnerships with Centura Health and National Jewish Health for Kids extend and expand specialized care throughout the region.

Patients come to RMHC for highly specialized care from a seven-state region with many of them from rural areas. Often support for families in need who have children in our care is provided through the non-profit Rocky Mountain Children’s Health Foundation.

**HIGHLIGHTS**

- Expanded nurse navigation program for clinically complex patients.

- Launched new collaboration for clinical care with National Jewish Health for Kids, expanding programs for respiratory, allergy, asthma and immunology care.

- Hosted compassionate visits with pediatric patients from Denver Broncos, Colorado Avalanche, Colorado Rapids and Olympic champion Missy Franklin.

- Touched more than 5,000 families with survivor celebrations and special events: Pediatric Cancer Survivor’s Celebration, and the Low-Sodium Taste Off for pediatric kidney patients, Pediatric Holiday Extravaganza, Denver Public Schools Holiday Adopt-a-Family.

*See full listing of services and specialties at RockyMountainHospitalForChildren.com*
JULIA’S STORY

When Julia Willetts was 10 years old, her parents started to notice a curve in her back and a slight hunch in her shoulders. By the time she was 13, there was an obvious bow in her back, so they decided to visit her primary physician.

The doctor suspected scoliosis, which lead Julia to Dr. Shay Bess at Rocky Mountain Hospital for Children. Upon their first visit, Dr. Bess immediately diagnosed Julia with adolescent idiopathic scoliosis. Since the curve was so advanced, he recommended spinal fusion surgery.

During the winter break of Julia’s freshman year in high school, she underwent a thoracic spine fusion to straighten her backbone.

“It was my first surgery, and I actually wasn’t as nervous as I should have been considering it was such a major surgery. We had plenty of meetings with Dr. Bess where he let me know what to expect, so that made it a lot less scary,” said Julia.

Following the eight hour surgery, Julia stayed in the hospital for nine days to recover then participated in physical therapy for another three months after discharge.

“The doctors and nurses at the Rocky Mountain Hospital for Children were so amazing. If it wasn’t for them I don’t know what I would have done. They made everything so much better — they were supportive and always open to hear what I felt and what I needed. They were understanding, very helpful and attentive,” said Julia.

Just two years after the surgery, she is back to dancing, participating in student council at her school and now beginning a modeling career after gaining two inches in height. She is also an honor roll student, was the third runner up at the Miss T.E.E.N. United States National Pageant and volunteers at Mount St. Vincent’s Orphanage.

“I think the surgery helped my self confidence a lot. Before the surgery, I felt hunched over. I just felt that something was wrong with me,” said Julia. “Now I can carry myself with poise and confidence.”
Well known as a Denver 9th Avenue landmark for more than 60 years, Rose Medical Center has become a leader in comprehensive women’s services, orthopedics and total joint replacement, and bariatric and spine surgery. Rose recently was honored nationally again as one of the Nation’s 100 Top Hospitals® by Truven Health Analytics and as one of The Denver Post’s “Top Workplaces” and a Top 100 Company, based on employee engagement. In addition, Rose was recognized by the Joint Commission as a top performer for key quality measures that improve patient care. With a reputation for providing high quality care to the community with trusted physicians and staff, Rose Medical Center continues to be a leader in healthcare for the metro area.

**HIGHLIGHTS**

- The Denver Post Top Workplace and a Top 100 Company - 2015.
- “A” Patient Safety Rating from Leapfrog Group.
- The Joint Commission Primary Stroke Center Certification.
- The Joint Commission Gold Seal certification for spine, hip and knee programs.
- Chest Pain Accreditation with the Society for Cardiovascular Patient Care.
- Nationally Accredited Breast Center by the National Accreditation Program for Breast Centers.
- Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program Accredited Center.
- Colorado Can Do 5! award for breastfeeding from Colorado Department of Public Health & Environment.
- Recognized by the Women’s Choice Awards as one of America’s Best Hospitals for Obstetrics, America’s Best Breast Centers, and America’s Best Hospitals for Cancer Care.

*See full listing of services and specialties at RoseMed.com*
ASTACIA’S STORY

Astacia Walsh is a bright and down-to-earth person. She’s a joy to talk to, and her tenacious personality is inspiring. Her optimistic attitude has served her well throughout her battle with cancer.

During an appointment with Rose Medical Center’s allergy and immunology specialist, Dr. Mark Ebadi, a scan detected an obstruction in Astacia’s chest. Shortly after, she was sent to Rose oncologist Dr. Alan Feiner where she was diagnosed with recurrent Hodgkin’s lymphoma.

This unexpected diagnosis lead to surgery and three-hour chemotherapy treatments every two weeks. After six months of chemotherapy, she was grateful to find that she wasn’t experiencing any significant side effects.

After treatment, a PET scan showed promising results. However, just five months later, the cancer came back. This time doctors tried a new form of treatment — stem cell transplant. A doctor at Rose’s sister hospital, Presbyterian/St. Luke’s Medical Center, would perform the autologous transplantation (when cells are taken from another part of the patient’s body rather than from a donor). Given the complexity of her treatment, it was important that doctors and surgeons at various facilities work together to coordinate.

This time, Astacia’s intensive chemotherapy took place during the first week of June 2014. Her stem cells were reintroduced during the second week of June, and she has been recovering ever since. She even returned to work in August.

“Dr. Feiner has been pretty awesome at keeping doctors on task,” she says.

Astacia does have some advice for anyone who might be experiencing something similar. In addition to receiving quality care, she’s learned that her own strength can have a profound impact on her battle with cancer.

“Listen to the potential outcomes that [the doctors/surgeons] present, but stay positive,” she says.
Delivering on its “beyond your expectations” philosophy, Sky Ridge Medical Center has assembled a team of physicians and healthcare professionals who offer an extraordinary depth and breadth of care, making it a destination center in south metro Denver. Over the past year, Sky Ridge earned another “A” rating from the Leapfrog organization for patient safety. Its cancer program accreditation advanced from a community program to a comprehensive one and Sky Ridge increased the depth of its neurosciences program with the addition of the deep brain stimulation procedure and neuro oncology treatment and navigation services. Sky Ridge also received Women’s Choice Awards for obstetrics and cancer care.

In addition, Sky Ridge completed its $117 million expansion, which added 90 medical/surgical beds, four Spine & Total Joint Center operating rooms, a two-story Women’s Hospital entrance, expanded NICU with private rooms and higher-acuity care, an 8-bed antepartum unit and a parking structure. In June 2014, Sky Ridge broke ground on its third Medical Office Building, which will be home to a dedicated 24/7 pediatric emergency department in partnership with Rocky Mountain Hospital for Children, an imaging center and the Sally Jobe Breast Center. It is expected to be completed in late fall 2015.

From its state-of-the-art Spine & Total Joint Center, comprehensive cancer program and expansive Women’s Hospital to its trauma center, stroke expertise and cardiac wellness center, Sky Ridge is poised to serve the community for a lifetime.
KAPIL’S STORY

As Kapil Viswanathan lay staring at the sky last November, unable to feel anything from his mid-chest down, a barrage of thoughts went through the young man’s mind. “What was I thinking? What will I tell my parents?” But the primary question the 24-year-old college student could not shake from his thoughts was, “Will I ever walk again?”

Kapil, who had moved to Fort Collins from India for an electrical engineering master’s program at Colorado State University just two months before, had accepted a friend’s invitation for Thanksgiving. They went to the family’s farm near Castle Rock, where the young men rode dirt bikes.

As the bike hit an unexpected hill, he found himself airborne. “I didn’t know how to land, so I just put my chest into the handlebar,” he said.

The force of the impact when his torso hit the handlebar crushed his ribs and broke his back, launching him forward and cracking his helmet. His friends called 9-1-1 and the ambulance took him to Sky Ridge Medical Center.

Sky Ridge Neurosurgeon Dr. Lloyd Mobley operated on Kapil within hours of the accident. Restoring Kapil’s back was a complex job, but one made easier by the Center of Excellence’s state-of-the-art equipment, most notably, the Stryker Navigation System.

Navigation provides a 3-D surgical system that pairs a CT scan taken of the patient just prior to the surgery with the program software. The real-time virtual image provides a guiding-hand for surgeons, who must be highly trained in the procedure.

Recovery wasn’t easy, but today Kapil is back to walking across campus on his own and earning his master’s degree. “I’m so grateful that I can walk again,” he said. “I really wasn’t sure if I ever would.”
Spalding Rehabilitation Hospital

Recognized by Rehab Management Magazine as one of the Best of Rehab.

Continuous CARF Accreditation (Commission for Accreditation of Rehabilitation Facilities) for Acute Rehab for the last 27 years.

Newly accredited by CARF for Stroke Rehabilitation program with no recommendations for improvement.

Exemplary status from CARF with Accreditation of the Brain Injury program for demonstration of best practice.

Only Controlled Stimulation Unit for brain injury rehabilitation in Colorado.

Over 78% of patients discharge home having demonstrated significant functional gains in a short length of stay averaging only 12-16 days.

See full listing of services and Specialties at SpaldingRehab.com

Spalding was the first licensed rehabilitation facility in Colorado specializing in treatment of conditions such as stroke, brain injury, amputation and other disabling conditions. Rehabilitation is all about compensating for deficits, adapting to a new way of life and restoring function to help patients return to the most functional life possible.
SAMANTHA’S STORY

Samantha Gagnon was your typical young adult making her way in the world. Following college, she was training for a half marathon for the fall and had just broken into the Denver stand-up scene. She began her student teaching semester in a high school when she began experiencing frequent dizzy spells and throbbing pain in her ears.

When she first went to the doctor, they diagnosed her with vertigo and gave her medication to cope with the symptoms. However, even after this diagnosis, her continued dizziness led to several visits to the ER as well as appointments with several specialists. It wasn’t until her mother campaigned for an MRI that doctors discovered she had a cerebral hemorrhage, or bleeding in her brain. During the weeks that followed, the hemorrhage grew in size and she lost the ability to use most motor functions, including walking.

Samantha’s doctors scheduled her for brain surgery in October of 2014. When she woke up, she was experiencing double vision, she couldn’t lift her head nor could she walk. Her medical team then recommended her to Spalding Rehabilitation Hospital for treatment.

“That really changed the game for me,” said Samantha. “Without Spalding, I don’t think I would have had the same recovery.”

Samantha spent 16 days at Spalding, where she re-learned how to walk, worked on correcting her double vision and underwent occupational therapy to help her return to her everyday life as a teacher and late night stand-up comedian.

“I did several balance activities and even played Dance Dance Revolution and Wii Sports as part of my recovery,” said Samantha. “They had something new every day, which kept it interesting. We worked on performing many activities that I would face in my daily life. I even taught a lesson to the 16 year old boys in the rehab program with me on the true history of Thanksgiving.”

During recovery, Samantha began writing a book about her brain surgery and comedic experiences called Breakups and Brain Hemorrhages: How You Can Make It Through Anything. She plans to finish and publish the humorous self-help book in the next year.

“Everyone at Spalding was so welcoming. The whole staff is made up of the most amazing people. I still go back and visit because they are such a big part of my life today,” said Samantha.
Swedish Medical Center was one of only two hospitals in the state and 74 programs nation-wide to be awarded the Commission on Cancer Outstanding Achievement Award. In addition to outstanding oncology services, they also became the 5th program in the country to be certified by The Joint Commission for Lung Cancer and the 3rd in the country for Pancreatic Cancer. They also added Brain Tumor Patient Navigation to their already large navigation program including lung, breast, advanced skin, GYN, liver, pancreas and colorectal.

Colorado’s Comprehensive Pelvic Floor Center at Swedish Medical Center opened on campus. A true, multi-disciplinary approach, the center includes a specialized physical therapy clinic for pelvic floor, physician clinic and patient navigation.

Swedish Medical Center completed a remodel of the women’s and children’s inpatient facilities. This modern makeover includes a VIP Breakfast Bar, Family Den and the addition of two suites with laboring tubs.

Swedish Medical Center was successfully re-designated as one of Colorado’s Level 1 Trauma Centers.

**HIGHLIGHTS**

Swedish Medical Center has become the most accredited cardiac program in Colorado receiving:

- American Heart Association Mission Lifeline Receiving Center – Gold Plus Highest level of award recognizing the care of patients with STEMI.

- Action Registry – Get With The Guidelines – Platinum One of only 256 hospitals nation-wide to receive this designation.

- Chest Pain Accreditation with the Society for Cardiovascular Patient Care.

- Joint Commission Disease-Specific Certifications in:
  - Comprehensive Stroke
  - Advanced Heart Failure: the highest level of accreditation offered for heart failure
  - Coronary Artery Disease
  - Coronary Artery Bypass Graf

- Received Women’s Choice Award for Best Hospitals for Heart Care.

See full listing of services and specialties at SwedishHospital.com
DAVE'S STORY

Four years ago, Dave Schaeffer was snowboarding at Copper Mountain in Colorado, when he overshot a jump in the terrain park and came down hard.

As he lay in the snow, he told himself that he would just wait a few minutes, collect himself and finish the run. In fact, when ski patrol initially asked him if he needed help, he refused. However, he eventually consented, and after the ski patrol took him down the hill, they went to a local hospital where he was immediately transferred to a Denver hospital via ambulance.

“When they told me that I had fractured my spine I became really emotional. I basically assumed that I would never be the same again, and I was only 24 years old,” said Dave.

After being treated at a Denver hospital, he was sent home with instructions to rest. When he began to feel worse, he headed to Swedish Medical Center.

“Once I got to Swedish, Dr. Paul Elliott and all of the staff were awesome. I felt like I had around the clock care. Everyone was great,” said Dave.

The doctors at Swedish identified a compression fracture in one of the bones in the bottom of Dave’s spinal cord that controls movement in the legs along with many other important functions. He was treated at Swedish for six days, where he worked with a physical therapist and a neurosurgeon to slowly regain a full range of movement.

Just six months after his injury, Dave was feeling back to normal and was able to get back to mountain climbing and mountaineering. Dave’s injury inspired him to take his climbing a step further and get into the high-altitude climbs. He has recently visited the base camp of Mt. Everest, climbed Mt. Denali in Alaska and Mt. Aconcagua, the highest mountain in South America.

“I feel like I can give 100 percent to whatever I do, and I give huge credit to the team at Swedish for that,” said Dave.
This year marks the 32nd year of service for AirLIFE Denver, the Air Medical and Critical Care transport program for HealthONE. AirLIFE Denver was recognized as the 2010-2011 international Air Medical Program of the Year by the Association of Air Medical Service.

AirLIFE Denver provides air and ground critical care transport for both adult and pediatric patients in a 10-state region including Colorado, Utah, Wyoming, Montana, Nebraska, Kansas, New Mexico, South Dakota, Arizona and Texas. Since it was established in 1983, AirLIFE Denver has served more than 55,000 patients across the metro Denver area and Rocky Mountain and Great Plains regions.

AirLIFE Denver’s commitment to patient care and quality is second only to its emphasis on safety. Unique and proven safety upgrades include custom aircraft design, the use of Night Vision Goggles, Global Positioning Systems, Terrain Avoidance Warning Systems and state-of-the-art weather monitoring.

HIGHLIGHTS

- 2010-2011 Air Medical Program of the Year by Association of Air Medical Services.
- Accredited – Commission on Accreditation of Medical Transport Services (CAMTS).
- AirLIFE Denver has made 55,000 transports since 1983 - enough to fill Coors Field.
- Number of transports on average per year - 3,100.
- AirLIFE Denver has the only Integrated Stroke Team in the nation.

AirLIFE Denver is composed of four specialty teams: High Risk Obstetrics, Neonatal, Intra-Aortic Balloon Pump and Stroke.

All AirLIFE vehicles are staffed and available 24/7 and include: four Bell 407 helicopters, two Learjet 31s, and Critical Care ground ambulances.

See full listing of services and specialties at AIRLIFEDenver.com
HealthONE Physician Care provides healthcare in an expansive, multi-specialty network of clinics throughout the Denver metro area.

They employ nationally recognized physicians, nurse practitioners, physician assistants, occupational therapists, physician therapists, midwives and audiologists. All members of our team share a commitment to high quality medicine, good citizenship and, above all, patient-focused medical care.

The Occupational Medicine and Rehabilitation practices serve approximately 5,000 employers in the Denver metro area.

They work in collaboration with the entire HealthONE family of hospitals, and their physicians also participate in outreach programs to outlying Colorado communities and in Kansas, Nebraska, Wyoming and New Mexico.

In addition, HealthONE Physician Care is a leader in providing support services to the employed providers that allow them to focus on patients and high-quality care. They provide accounting, billing and collection, coding, human resources, managed care contracting, payroll, physician leadership, marketing support, quality review, risk management and insurance, space and equipment, and compliance programs, along with other tools to ensure the providers can spend more time focused on the care of patients.

See full listing of services and specialties at HealthONEPhysicianCare.com
Telemedicine combines the use of medical experts and technology to assess and diagnose patients who do not have access to specialty care. Though these patients often reside in Health Professional Shortage Areas, Telemedicine also is becoming the standard of care in urban and suburban areas. The Collaborative Digital Online Consultant (CO-DOC) Telemedicine Program’s purpose is to enable rapid diagnosis and treatment recommendations in multiple medical subspecialties including Stroke, Mental Health and Pediatrics.

Patients often experience better health outcomes as a result of having access to round-the-clock highly specialized physicians. The telemedicine physicians conduct telemedicine consults from their ipads, laptops and anywhere there is an internet connection in a HIPAA-compliant environment. Physicians control the movement of the telemedicine equipment, including a rotating monitor and a pan-tilt-zoom camera system, which optimizes the viewing of patients, their families, and the clinical team supporting patient care. The result is a comforting and seamless consult experience. Direct access to patient medical records, including radiology scans, is set up with CO-DOC’s network partners to increase consult efficiency and accuracy in diagnosing a patient’s condition.

CO-DOC’s first telemedicine consult was on May 31, 2006. This consult with an 88 year-old patient from Springfield, Colorado, proved to be very successful. CO-DOC has grown steadily in nine years and increased its reach to busy urban and suburban hospitals across Colorado. The CO-DOC program is partnered with 48 hospitals in a four-state region, with four specialty service lines. The possibilities for utilizing telemedicine to improve patient care are limitless, and CO-DOC will continue to expand in 2015.
HealthONE’s 16 stand-alone Ambulatory Surgical Centers are conveniently located throughout the metro Denver area, and perform minimally invasive surgical procedures in the areas of Ear, Nose & Throat, Gastroenterology, General Surgery, Gynecology, Ophthalmology, Podiatry, Pain, Plastics & Reconstructive Surgery, Orthopedics, Spine, and Urology.

The pleasant atmosphere and special pediatric-friendly facilities are particularly helpful in easing the fears of children. All of the centers are state-of-the-art, which allows them to offer a safe, convenient, high-quality alternative to inpatient hospitalization.

HealthONE Outreach Services offers access to a vast array of resources requested by rural and outlying communities. HealthONE hospitals and 3,000 affiliated physicians have cared for generations of patients in communities both large and small. HealthONE’s outreach program serves the needs of rural residents of Colorado, Kansas, Nebraska, Montana, New Mexico, South Dakota, Texas and Wyoming by providing them access to specialty care when there is a demonstrated need within the community. HealthONE physicians and allied health professionals participate in clinics in over 50 communities - more clinics than any other hospital system in the Rocky Mountain region. The HealthONE Regional Network also affords non-Denver hospitals availability to a variety of service support through our affiliation program.

Part of the service support provided by outreach to non-Denver hospitals includes Continuing Education. In 2014, HealthONE physicians, nurses and allied health professionals offered educational opportunities across the region. Affiliated experts lecture on many different topics, including trauma, stroke, cardiology, orthopedics, neonatal, pediatrics, geriatrics, women’s service, oncology, concussion and EMS. Additionally, 2014 saw the growth of HealthONEUniversity.com. HealthONEUniversity.com brings convenient, on-demand CME and non-CME training on a wide range of topics, and allows physicians and other providers to access a library of resources featuring HealthONE physicians.

The program allows rural healthcare providers the ability to stay involved in the care and follow-up of their patients, and allows patients to access the services of HealthONE without traveling to the Denver metro area.
Access HealthONE is a 24/7 transfer center that serves as a gateway for requests from physicians wishing to transfer a patient into HealthONE hospitals. Access is staffed with experienced acute care RNs and EMT/Paramedics to facilitate safe patient transfers, consults, transports, and telemedicine requests.

The goals of Access HealthONE are to:
• Provide a one-call service for physicians wishing to access HealthONE hospitals;
• Quickly link referring physicians to the right consulting and accepting physicians;
• Expedite a safe patient transfer, upon accepting physician approval;
• Limit potential financial liability on the part of patients and their families (right physician, right facility, and right mode of transport).

The transfer center acts as a hub between the HealthONE system and regional and local facilities, which includes 10 surrounding states. In 2014 Access HealthONE facilitated:
• More than 25,000 consults, telemedicine, direct admits, transports, and transfers;
• Transfers from 15 states, as far away as Florida and Pennsylvania;
• International transfers from Egypt, Norway, Canada, Costa Rica, Mexico, Greece, and British Virgin Islands.
HEALTHONE AFFILIATED FACILITIES AND LOCATIONS

**Hospital**
1. North Suburban Medical Center & Rocky Mountain Hospital for Children at NSMC
2. Presbyterian/St. Luke's Medical Center; Rocky Mountain Hospital for Children at P/SL; & Spalding Rehabilitation at P/SL
3. Rose Medical Center
4. Sky Ridge Medical Center & Rocky Mountain Hospital for Children at Sky Ridge
5. Spalding Rehabilitation Hospital
6. Swedish Medical Center & Rocky Mountain Hospital for Children at Swedish
7. The Medical Center of Aurora & Rocky Mountain Hospital for Children at Aurora

**Stand-Alone Ambulatory Surgery Centers**
1. Centrum Surgical Center
2. Clear Creek Surgery Center
3. Denver Endoscopy Center
4. Lincoln Surgical Center
5. Lowry Surgery Center
6. Midtown Surgical Center
7. Musculoskeletal Surgical Center
8. North Suburban Surgery Center
9. Red Rocks Surgery Center
10. Ridge View Endoscopy Center
11. Rocky Mountain Surgery Center
12. Rose Surgical Center
13. Sky Ridge Surgical Center
14. South Denver Endoscopy Center
15. Surgery Center of the Rockies
16. The Urology Surgery Center of Colorado

**Medical Imaging**
1. Applewood Imaging Center Golden
2. Breast Imaging Center at Presbyterian/St. Luke's
3. Centennial Center for Women
4. Colorado Breast Care at The Medical Center of Aurora
5. Green Valley Ranch Imaging
6. Imaging at The Medical Center of Aurora, North Campus
7. Invision Sally Jobe Aurora
8. Invision Sally Jobe Centrum (Suite 300E, 200E & 124C)
9. Invision Sally Jobe Cherry Creek
10. Invision Sally Jobe at Red Rocks (Suite 120)
11. Invision Sally Jobe Hampden Place
12. Invision Sally Jobe Lincoln Medical Center
13. Invision Sally Jobe Lone Tree
14. Invision Sally Jobe Mammography in Littleton
15. Invision Sally Jobe Southwest Healthpark
16. Invision Sally Jobe at Swedish
17. Imaging Centers at Swedish Medical Center (601 E. Hampden, Suite 100 & 170)
18. Imaging Centers at Swedish Medical Center (501 E. Hampden)
19. Imaging Centers at Swedish Medical Center (499 E. Hampden)
20. PET/CT at Red Rocks
21. North Suburban Medical Center Outpatient Imaging
22. Outpatient Medical Imaging at Presbyterian/St. Luke's
23. Park Center Imaging, a department of North Suburban Medical Center
24. Presbyterian/St. Luke's & Rocky Mountain Hospital for Children at P/SL Outpatient Imaging
25. Rose Outpatient Imaging Center (Suite 100) & Rose Breast Center (Suite 450)
26. Center for Advanced Diagnostics
27. Rose Medical Center Outpatient Imaging
28. Sky Ridge Imaging Center at Lincoln Medical Center
29. Sky Ridge Medical Center Outpatient Imaging
30. The Medical Center of Aurora

* Invision–Castle Rock & Sky Ridge Imaging Center at Castle Rock (Not shown on map, located south in Castle Rock)

**Free-Standing Emergency Department**
1. Centennial Medical Plaza
2. North Suburban Northeast ER
3. North Suburban Northwest ER
4. Saddle Rock ER
5. Swedish Southwest ER

**Radiation Oncology**
1. Radiation Oncology at Red Rocks

**Occupational Medicine & Rehabilitation Clinics**
1. Aurora Occupational Medicine & Rehabilitation Clinic
2. Bryant Street Occupational Medicine & Rehabilitation Clinic
3. Centennial Occupational Medicine & Rehabilitation Clinic
4. Englewood Occupational Medicine & Rehabilitation Clinic
5. LoDo Occupational Medicine & Rehabilitation Clinic
6. North Suburban Occupational Medicine & Rehabilitation Clinic
Healthy Work Environment

As a healthcare company, we take seriously our responsibility to contribute to a better quality of life for those we serve, and that includes the lives of more than 10,000 employees.

We believe our success is dependent on creating a healthy work environment where caregivers, staff, administrators, physicians and volunteers are at the core of our patients-first culture.

HealthONE has been working hard to enhance the quality of life for our employees at work and at home. Our commitment to a healthy work environment includes a focus on five key areas: culture, leadership, voice, total rewards and employee retention. We know that by doing well in each of these areas, we will be able to provide the highest quality, most compassionate service to our patients.

We have made important accomplishments in these areas over the last several years. Our culture is grounded in a safe, caring workplace, where individuals are respected, valued and treated fairly.

We offer ample opportunities for employees to voice concerns and ideas for improvement through our Employee Advisory Groups, Open Door policy, and the Employee Engagement Survey. We work hard to provide a healthy work environment that makes our hospitals and facilities a great place to work — places where employees can feel empowered to provide the best care possible and experience a rewarding career.
The HealthONE family of hospitals have a long and trusted legacy going back more than 130 years with St. Luke’s, more than 85 years with Presbyterian Denver, more than 105 years with Swedish and more than 60 years with Rose. Today, HealthONE is the largest healthcare system in the Denver metro area and includes:

- More than 10,000 employees;
- Eight hospitals (The Medical Center of Aurora, North Suburban Medical Center, Presbyterian/St. Luke’s Medical Center, Rocky Mountain Hospital for Children, Rose Medical Center, Sky Ridge Medical Center, Spalding Rehabilitation Hospital, and Swedish Medical Center);
- 16 stand-alone ambulatory surgery centers;
- Five freestanding emergency rooms;
- Six occupational medicine & rehabilitation clinics;
- 30 imaging centers;
- Dozens of specialty clinics;
- AirLife DENVER, which provides critical care air and ground transportation across a 10-state region;
- Delivering more than 13,000 babies each year;
- Treating more than 750,000 patients annually through inpatient, outpatient and emergency services, and;
- Treating patients from all 50 states, plus the District of Columbia, Virgin Islands, and Puerto Rico.